**A hero is as an individual or a network of people that take action on behalf of others in need, or in defense of integrity or a moral cause.**

**Heroic action is:**

* **Engaged in voluntarily;**
* **Conducted in service to one or more people or the community as a whole;**
* **Involving a risk to physical comfort, social stature, or quality of life.**
* **Initiated without the expectation of material gain.**
* **A random act of kindness**
* **Courageous**

**"How can I be a hero?"** Better yet, "how can I prepare and equip myself to be a hero in those moments in life that demand it?"

**Long narrative poem (tells a story) about a hero**

**5th Century Germans**

**Traveling bands of entertainers…story tellers.**

**Religious journey**

**Worship of gods**

**Pause in a line of poetry, for effect of to take a breath**

**Two word metaphor joined by hyphen; it is name for something**

**Repetition of a sound at the beginning of two or more words. Sally Sells sea shells by the sea shore**

**Fermented drink made from honey**

**Meeting place in for the tribe. A hall where the men partied. (sports bar)**